



# ISSUE TWO 2019

Christ Church  
Secondary School



CHR 4+1 Curriculum on ST  
Sec 2 ALP: Care for the Community  
Snippets of life in CHR ..... 1

ECG Symposium  
Terrarium Competition ..... 2

Inter-UG Activities  
SYF Arts Presentation ..... 3

Experiential Programme: Teenzania  
IgnITE Skills Challenge ..... 4

Fabula Vitae (The Story of Life) ..... 5-7

Giving Thanks: Count Our Blessings ... 8

# CHR HIGHLIGHTS

## CHR's in the news!

CHR's 4 + 1 curriculum was featured on March 4, 2019, in The Straits Times.



## APPLIED LEARNING PROGRAMME:

### Understanding the Needs of the Community

A group of Secondary Two students visited the Singapore Disability Sports Council as part of their Applied Learning Programme to identify the needs of the athletes and suggest ways to improve existing training equipment.

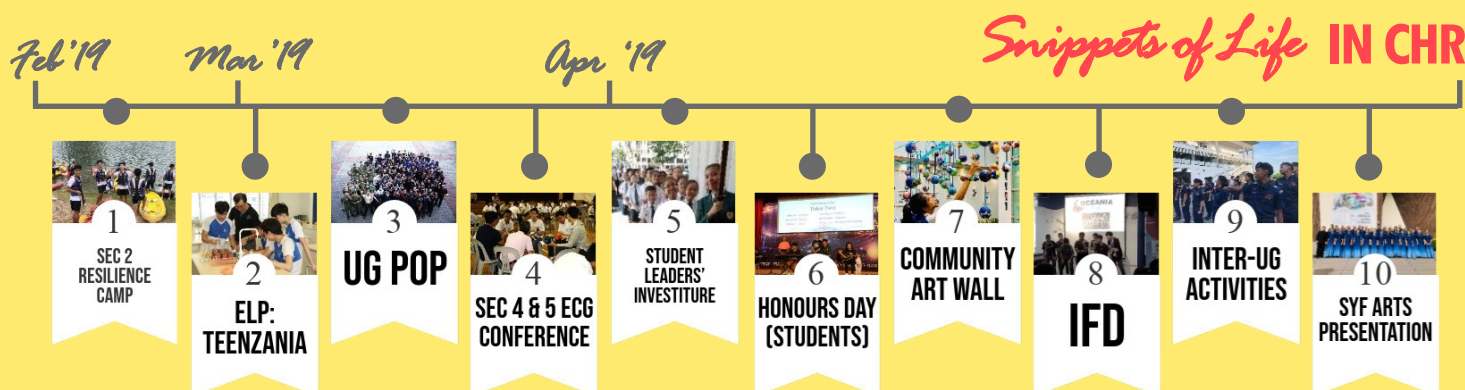
"The Boccia players were friendly when we first saw them. Once they started playing, they turned competitive. Seeing their determination to win the game tells me that one's physical ability does not limit him or her. In fact, anyone can succeed as long as he or she sets his or her mind to it and presses on."

ALTHEA CHRISTINE (2/1)

"I am proud of our students who showed respect to the athletes, coaches and supporters. They interviewed the athletes with enthusiasm and listened intently. They brought back learning like perseverance and passion. While going with a heart to bless the community, they were blessed richly in return."

MDM CHRISTABEL FOON, Teacher I/C

To access CHR Highlights Issue 2 (2019) in **full colour**, please scan the QR code or visit the 'Publications' section in [www.chr.edu.sg](http://www.chr.edu.sg)



CHRISANS HAVE THE DRIVE TO EXCEL, ARE THOUGHTFUL CONTRIBUTORS AND ACTIVE LEARNERS  
**COURAGE . COMPASSION . CURIOSITY**

## EDUCATION & CAREER GUIDANCE (ECG):

### *Symposium*



We all need a compass which points us in the right direction that means most to us and best fulfils our aspirations and dreams. This is why ECG is important, because it gets students to start thinking about their passion and career purpose at a young age. On 4 April 2019, 3 Upper Secondary students met and conversed with industry professionals from the STEM industry. The experience was immersive, but not without overcoming initial challenges.

"We realised that our prototype was not functioning well before our trial run. However, we still pulled it off on the actual day. This experience taught me to manage my expectations and consider others' opinions during our discussion."

ISABEL CHANG (3/1)

## CO-CURRICULAR ACTIVITIES:

### *My Mini Eden 2019 Terrarium Competition*



(From left to right)  
Thaarneshwari,  
Heidi, Phoebe &  
Prisha with their  
terrariums

Interested in having a little touch of nature and greenery in your vicinity? Our young aspiring green enthusiasts from the Green Club can teach you how, just by making a terrarium! In case you're wondering what a terrarium is, it is a collection of small plants growing in a sealed, transparent container to keep a mini ecosystem. In the national competition 'My Mini Eden', our members went one step further, and designed terrariums which best represent their thoughts about the environment we live in!



"Our terrarium represents the marine pollution crisis. We have designed our terrarium to signify the consequences of irresponsible garbage disposal, through the portrayal of the effects it has on marine life. We hope that people become more aware of marine pollution and are reminded of how our actions can affect the larger population."

THAARNESHWARI (3/1)  
& SAHETAPY HEIDI (3/5)

"We were inspired by our visits to the Botanic Garden and Gardens by the Bay. Our hope is that Singapore will always be filled with lush greenery and we can enjoy the beauty of nature everywhere we go."

PRISHA DARSINI (3/4) & PHOEBE QUEK (3/6)



“

Our students were hesitant about presenting to the public at first. However, they managed to overcome their fear and presented well despite the barrage of questions from the emcee. Some educators were so impressed that they even asked if we have patented the product!

”

MR BENJAMIN HUANG

Teacher I/C

“

Our students had to apply the skills of transplanting and repotting the plants, as well as build their terrarium according to the design they had in mind.

”

MS SABRINA

Teacher I/C of Green Club



CHRISANS HAVE THE DRIVE TO EXCEL, ARE THOUGHTFUL CONTRIBUTORS AND ACTIVE LEARNERS

**COURAGE . COMPASSION . CURIOSITY**

## CO-CURRICULAR ACTIVITIES:

### *Inter-Uniformed Groups (UG) Activities*



"The Inter-UG activities not only foster a sense of pride among the UG members, but also encourage different UGs to come together to exchange ideas. It is my hope that the UG members build a strong competitive spirit and a sense of camaraderie among themselves."

**MR FIRDAUS, Teacher Coordinator**

"We thoroughly enjoyed the game. What was most memorable for me was how we still continued to demonstrate sportsmanship despite our loss in the game."

**JAYCELYN CHAN (3/7)**

"Through the inter-UG games, I learnt sportsmanship. I was humbled to see our opponents coming forward gamely to shake our hands despite not winning the game."

**BRYAN CHUA (3/2)**

## CO-CURRICULAR ACTIVITIES:

### *SYF Arts Presentation*

It's been a busy month of April for students from the Performing Arts groups. They put in many hours over the past few months to perfect their craft for the biennale event – the Singapore Youth Festival Arts Presentation (SYF AP). The CHR community would like to congratulate all Performing Arts groups for their excellent performances!

*Congratulations!*



#### **BAND**

Certificate of  
Accomplishment

#### **CHINESE ORCHESTRA**

Certificate of  
Accomplishment



#### **CHOIR**

Certificate of  
Distinction

#### **DRAMA**

Certificate of  
Accomplishment



#### **MODERN DANCE**

Certificate of  
Accomplishment

"I play the Tuba and it is used to anchor the harmony for the Band because of its deep and rich sound. During the practices, I had to give my fullest attention to my conductor so that my instrument does not overpower the melody. It takes all members in the Band to play their part so that we can perform our music piece in unison."

**MUHAMMAD KHAIRUL IRFAN (4/6), Secretary of Band**

"Our practices were long and there were times when we were scolded for our mistakes. Yet, it was the encouragement from our teachers and fellow members that pushed me forward through these tough times. I am proud of our outstanding performance that day."

**VERADIS GOH (3/2), Sectional Leader of Chinese Orchestra**

"On the day of the performance, I felt butterflies in my stomach and I could sense that everyone was on edge. Despite this, we pushed through and prevailed. On stage, we savoured every moment and enjoyed our music. I was glad that the choir has come this far in our journey together."

**GABRIELLA (4/1), Vice-President of Choir**

"Throw back to 1 April 2019 - it was exactly one month before our actual performance. The journey wasn't easy as we had many difficulties such as not getting full strength during our rehearsals. Some members also fell sick. Our script was frequently changed too, making it difficult to rehearse, especially for the later part of the scenes. Despite this, we managed to overcome these challenges together as a family by motivating and encouraging each other when things got tough."

**BANUSHA (4/4), President of Drama Club**

"As with most tasks, this performance presented its own set of challenges. When I first heard of our dance concept, I was intrigued and knew that it would be daunting. I learnt that it is important to adapt to situations quickly. Through hard work, practice and pointers from my fellow dancers, I overcame my initial apprehension. I also want to thank my teachers for being supportive of us during this period."

**GIVEN TAN (3/4), a member of Modern Dance**



CHR IANS HAVE THE DRIVE TO EXCEL, ARE THOUGHTFUL CONTRIBUTORS AND ACTIVE LEARNERS

**COURAGE . COMPASSION . CURIOSITY**

# TEENZANIA @ Éxito

“

**In one of the jobs, I was initially uncomfortable to perform. However, I overcame my stage fright and finished the performance.**

**AMELIA LEE**  
(3/7)

”

## EXPERIENTIAL PROGRAMME: TEENZANIA *Health, wealth or happiness?*



Is this the best vocation for me? Am I in the wrong career? Is it worthwhile to lose my health points while gaining some wealth?

Our Upper Secondary students had to rack their brains and make some tough decisions when they took part in TeenZania @ Exito. Each group assumed a persona, and they had to decide their job of choice taking into consideration the persona's interest, hobby and aptitude in specific subjects.

TeenZania @ Exito mirrors the circumstances in the real world, in which the groups need to decide how best to strike a balance between their health, wealth and happiness.

Because job placements are never guaranteed in real life, the groups ran the risk of being rejected right at the door, especially if they did not meet the prerequisites or have the right qualifications for the jobs. Let's hear what some of them have to say about their experiences.

"Before this, I kept thinking of earning money for my future but I forgot about my interest and health. Now, I am more aware."

**ANDREA LEE (4/1)**

"To be successful, we really need to work hard. It's not like magic. If you don't put any effort, you will not achieve what you want."

**SITI AISYAH (3/6)**

## COMPETITION: *IgnITE Skills Challenge*

The IgnITE Skills Challenge exposes our NA and NT students to skills-based competitions at the national level. This year, 60 students from our school participated in eight challenges organised by the Institute of Technical Education.



"We submitted our project in the 'Drone Racer' Challenge. We spent many sessions to programme the drone and to rectify issues along the way. It was not easy because we had to be precise in our calculations. Although we did not make it into the finals, I was glad for the opportunity to learn basic programming and I had a lot of fun with my team mates. Thank you teachers for giving us this opportunity."

**AKMAL (3/5)**

"We are thankful for the wonderful support from the teachers and all students involved in this year's challenge. All participants displayed great teamwork. They persevered and made CHR proud!"

**MDM NURIZZATI, Teacher-in-charge**



CHRISANS HAVE THE DRIVE TO EXCEL, ARE THOUGHTFUL CONTRIBUTORS AND ACTIVE LEARNERS  
**COURAGE . COMPASSION . CURIOSITY**

# Fabula Vitae

Dear readers

We are exhilarated to present 'Fabula Vitae', a section written by our newly formed student journalism committee, 'Les Literato'. 'Fabula Vitae' means 'The Story of Life' and 'Les Literato', 'The Storytellers' in Latin. Fabula Vitae is aimed at providing young CHRians with a platform for expressing their views and also develop a culture of creativity. We hope you will enjoy reading the CHR Highlights.

Cheers  
Les Literato

**Editorial Committee:** Gerwyn Tan (2/2), Jaden Tan (2/2), Vinathi Naidu (2/3), Alisa Adriana (2/4), Camille Blanche (2/4), Chia Zhen Yi (2/4), Hannah Qiting Ikram (2/4), Jolin Chai (2/4), Kristin Ong (2/4), Sarah Ng (2/4), Steffi Wong (2/4), Li Jin Yu (2/5), Muhammad Nawaaz Bin Mohd Jamil (2/5)

## STUDENT LEADERS' Investiture

By Hannah Qiting Ikram (2/4)



On 5th April 2019, the student leaders of Christ Church Secondary School headed to St. Andrew's Cathedral for the Student Leaders' Investiture. It was the day we were all getting invested. I was grateful to be in attendance as I was invested as a Class Chairperson. The atmosphere was heartwarming as parents of the student leaders came to witness their child become invested as leaders. During the ceremony, we could feel our sense of duty surging in us as the student leaders received their badge. When it was time to be invested, we proudly placed our badges on our left collars. Our resounding voices echoed in the cathedral as we made the pledge to fulfil the responsibilities of a student leader. Excitement and hope buzzed in the air as it marked the start of my new journey as a leader.

## THE ENTERTAINMENT ARENA IN TREND

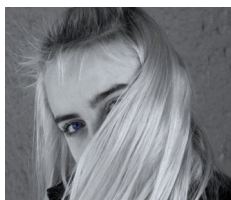
By Alisa Adriana & Sarah Ng (2/4)

### Trending Movie

On the 24th of April 2019, Avenger's Endgame was released in the cinemas islandwide. Within days, it became one of the most popular movies in Singapore, being the big topic for days. The movie's plot revolves around Tony Stark (Iron Man) drifting into space with no food, no water and a dangerously low supply of oxygen. Meanwhile, the remaining heroes must find a way to bring back their vanished allies to end it with Thanos once and for all. Make sure to take some time off to check it out!



### Trending Artist



With the ongoing album 'WHEN WE ALL FALL ASLEEP, WHERE DO WE GO?', Billie Eilish is quickly rising to the top charts with her new songs '!!!!!!', 'bury a friend' and my personal favourite is 'bad guy'. These songs are absolutely aesthetic and catchy! All her songs are available on Spotify, so go listen to her latest hits!

### Trending Netflix Show

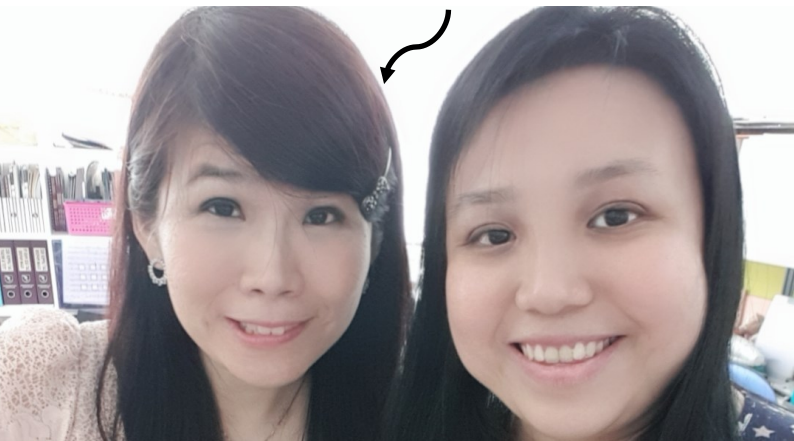
Starring Noah Centineo and Laura Marano, 'The Perfect Date' is gradually rising up the trending charts with its lovable plot and popular cast! Noah plays the ambitious male lead with big dreams of going to university and Laura, the witty female lead bent on looking for love. The movie starts with Noah as a high school student who creates an application to offer his services as a fake date to make money for college. But when he starts developing feelings for his own client, his plan spirals out of control! Oooh, wondering what happens in the end? I guess you have to watch it to find out!



CHRians HAVE THE DRIVE TO EXCEL, ARE THOUGHTFUL CONTRIBUTORS AND ACTIVE LEARNERS  
**COURAGE . COMPASSION . CURIOSITY**

## CHRIAN OF THE TERM: MDM CHRISTABEL FOON

By Jolin Chai (2/4) & Vinathi Naidu (2/3)



Mdm Christabel Foon teaches Design and Technology (D&T) and is the form teacher of 4E3. With her bright and vibrant dresses, she's very hard to miss. We got up close to her and found out, like most of us, she enjoys fried chicken drumsticks, ice cream and bubble tea.

### What fictional place would you like to visit?

The Sahara Desert in The Little Prince.

### Who do you admire the most?

Mother Teresa as she went to a completely different place and out of her comfort zone just to help and serve the people there without any strings attached.

### Which would you rather have - the ability to speak with all animals, or to be able to speak all languages?

I would rather have the ability to speak with all animals as it would be interesting to hear their thought processes. I used to have a lot of dogs, birds, hamsters and terrapins so it would be both interesting and helpful to have that ability. Besides, I can learn the different languages but I can't ever learn how to speak with animals.

### Which book has influenced you greatly and how?

The books by Nick Vujicic as they are very inspiring to read. He spoke of how he overcame challenges even with his limitations and I think it acts as a motivation. The book also encouraged me to appreciate the small things in life.

### What inspires you to wear the vibrant and patterned clothes you are usually donned in?

As a D&T teacher, I like prints, interesting designs and bright colours. This is why I have so many colourful clothes.

*Be sure to smile at Mdm Foon or greet her when you see her along the corridors, as it makes her day!*

## CUISINE OF THE TERM: NASI PADANG

By Camille Blanche (2/4)

The cuisine that I've chosen for this term is... Nasi Padang! I'm sure our CHRians love food in general but I've gathered that Nasi Padang is this term's popular dish! The dish comes with a serving of fragrant rice emanating the aroma of pandan leaves coupled with a wide variety of side dishes you can choose from.

On Tuesdays and Fridays, the stall sells the classic Nasi Lemak and I have to say that it is my favourite dish. Even my close friends agree! While the sambal gives a nice kick, being spicy and sweet, the cucumbers and egg give the dish its nutritional value, balancing out the spice for most students. The chicken is also popular among students, with many saying that the chicken is not too salty or bland, while some say it is a guilty pleasure. The fish fillet is an amalgamation of sweet and salty as well.

I'm sure most students will agree with our Cuisine of the Term and don't forget to upload a photograph of your favourite dish from the canteen and tag us @fabula.vitae!



## Child's Point of View When A Storm Comes

By Samicksha D/O Mohan (2/6)

A storm was brewing...  
Clouds turned dark while the sky turned yellow...  
Thunderous sounds filled the air & frightening  
purple lightning shot from the clouds.  
People were seen running for shelter  
& the trees swayed helplessly  
as the storm grew stronger.  
At the time, I was still in my house.  
The safest place I could be.  
I ran into my room & shut the door.  
I then began to close all the windows  
in the room to attempt to soften  
the loud sounds of thunder.  
I grabbed my blanket off the floor  
& sat on my bed, next  
to my favourite stuffed toy.  
It helped me to calm down,  
whenever I had to face  
the wrath of the storms.  
I cuddled with my toy &  
snuggled with my blanket,  
as I closed my eyes tightly  
& covered my ears.  
Although, I knew  
it was safe in  
my home,  
I couldn't help  
but fear  
whenever  
a heavy storm  
came near.



CHRIANS HAVE THE DRIVE TO EXCEL, ARE THOUGHTFUL CONTRIBUTORS AND ACTIVE LEARNERS

**COURAGE . COMPASSION . CURIOSITY**

## STUDY TIPS

By Les Literato, Edited by Kristin Ong (2/4)

To all our Secondary 4 and 5 seniors, the 'O' and 'N' level exams are coming soon. Here are a few study tips that you can use to jumpstart your revision!

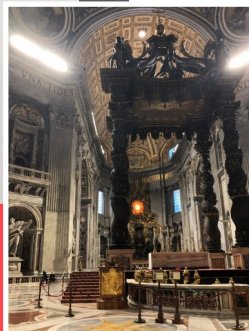
- Get enough sleep because sleep is key to concentration and focus. With enough rest, you'll wake up refreshed and ready to tackle those notes.
- Make your notes fun, colourful and neat. Design and organise them in your own unique way so that revision will be interesting and enjoyable.
- Find a quiet and comfortable environment to study in. Of course, not a place too comfortable that will make you snooze instantly. Play soft and relaxing music to set the tone for your study session.
- Practise, practise, practise! Because practice makes permanent!
- Look back past practice papers and learn from the mistakes made and work towards improvement.
- Ask your classmates and teachers questions to concepts that you do not understand.
- Most important of all, manage your time wisely. Use a planner to chart your revision schedule. Never cram everything in a short time.
- Reward yourself with timely breaks in between study sessions. Avoid the urge to grab your mobile phone to destress. Instead, go out and smell the fresh air. It'll do wonders to re-energise you.

We wish everyone all the best in your revision! Never give up even when the times are tough. There is always a way to overcome your challenges. Strive for progress, not perfection. So start now, put in your best effort and you'll reap what you sow. May time forever be in your favour.

## COMIC CORNER

Illustration by Li Jin Yu (2/5)

Story by Muhammad Nawaaz Mohd Jamil (2/5)



Ever wondered where the biggest church in the world is? Located in the ancient Vatican City of Rome and holding a unique position of being the greatest of all churches of Christendom is St. Peter's Basilica, the world's largest church. Supposedly, the chief of Jesus's apostles, St. Peter's tomb is buried below the Basilica's high altar. There I stood before the towering St. Peter's Baldachin, a huge sculpted bronze canopy, in awe of its breathtaking designs and everlasting architecture that have survived for centuries.

## How CHRIans See It

By Steffi Wong (2/4)

& Chia Zhen Yi (2/4)

For this issue, we asked some CHRIans if they could cook their favourite meal and invite someone famous to dine with them, who would it be. Let's find out some of their wittiest responses:

*I'll invite Gordon Ramsay and stir fry Char Kway Teow. If he criticises me, I'll scream, 'WHAT DO YOU KNOW ABOUT CHAR KWAY TEOW!!?' I HUM-tam you ar!' (Ms Sarah Oh)*

*Ariana Grande. She is beautiful both inside and outside and I really want to meet her in person. (Maybelyn, 1/1)*

*Gordon Ramsay. He is the best cook and he knows how to make different dishes. (Rishita, 1/5)*

*Ed Sheeran because I want to learn how to write better songs and sing better. (Kraven, 2/5)*

*Michael Jackson. If my cooking can bring a legend back to life, then why not! (Mr Chan Huazhi)*

*I would love to have the honour to cook food for the supermodel-turned-designer Lisa Crosswhite who is the woman behind Chi Chi Von Tang. I would love to have a pleasant chat with her and learn about her inspirations for her beautiful statement pieces that think bold cuts and rare fabrics, and it would be easy to click with her through food as she's Asian too! (Shesni, 3/1)*

*Youtuber Haley Pham because I like to watch her videos. (Claris, 2/2)*

*I'll invite Spongebob so that he can wash my dishes after. "Wash my dishes, you Sponge!" (Ms Sabrina)*

## THE PICTURE SPEAKS

Photograph by Jaden Tan (2/2)  
Caption by Gerwyn Tan (2/2)



CHRIANS HAVE THE DRIVE TO EXCEL, ARE THOUGHTFUL CONTRIBUTORS AND ACTIVE LEARNERS  
**COURAGE . COMPASSION . CURIOSITY**

# GIVING THANKS

Appreciate  
Each  
Family

Count  
our  
blessings

I GIVE THANKS FOR...

*my family*

“

... my Mom for being there for me and supporting me through my tough times.”

**ALLEN DARREN FERDY (5/2)**

“... my family members for encouraging me to reach greater heights. I know I can turn to them when I need advice. I appreciate everything they have done for me.”

**SHAMIL (3/3)**

“

... my Dad. When he makes a promise, he doesn't break it. Although he can be fierce, I know he wants me to become a better person in future. I love how he cares for my family and these little things make me happy every day.”

**JAYKO NEO (2/6)**

“... the kindness I have received from my colleagues and students who gave me beautiful memories to remember and not forgetting the struggles in life that give me the strength to persevere.”

**MS ANGEL CHNG, Teacher**

“... amazing colleagues who are helpful, supportive, and most importantly, fun!”

**MR LEONARD CHNG, Teacher**

I GIVE THANKS FOR...

*my teachers*

“

... Ms Ng Hui Ling for being such a great D&T teacher and helping me in every step of my way.”

**PRISCILLA (3/3)**

“... Ms Sheila Chua, for making art lessons interesting!”

**YOSHI LIANG (1/2)**

“

... my Form Teachers for giving me the opportunity to be a class leader.”

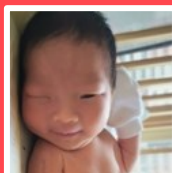
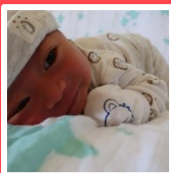
**AFIQ (3/7)**

“... Mr Francis Seah for guiding me to be a better person and cadet. Without him, I would not be where I am today.”

**AKMAL (3/5)**

*Congrats!*

Congratulations to Mr Alan Ho, Mr Benjamin Toh & Ms Rossellini Tan on their newborn princess and princes! (From left to right)



CHRISANS HAVE THE DRIVE TO EXCEL, ARE THOUGHTFUL CONTRIBUTORS AND ACTIVE LEARNERS  
**COURAGE . COMPASSION . CURIOSITY**